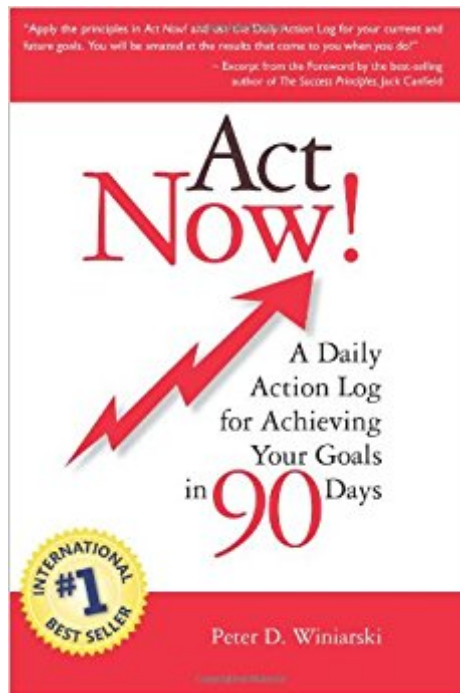




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# Act Now! A Daily Action Log For Achieving Your Goals In 90 Days



## Synopsis

The ultimate how-to guide for changing the course of your results for the better - right now, this collection of instructional content and daily action log is the ultimate game-changer for anyone who would like to boost their productivity in any--or every--facet of their life. Complete with guidance and a daily action log that provides simple actions to take every day to help you achieve your dreams, Peter D. Winiarski's guidebook is geared to producing results in just ninety days. To maximize your personal productivity, wouldn't it be great to have your own personal coach there to give you a jump-start every day so that you start each day off with a positive frame of mind and course of action? Of course it would! No one wakes up and says, "I'm going to be ineffective and as pitiful as I can be today." We all want to be the best, but sometimes we just don't know where to start. Thanks to Act Now!, we know where, and know how. Including instructional content as well as ninety days of daily action log sheets, this how-to book gives you the tools to start changing your life today. Everyone from business leaders in Corporate America who want their companies to get better results; to managers who want better results from themselves and their employees; to entrepreneurs seeking increased productivity, success, and goal achievement will benefit from the knowledge and positive direction within these pages. Describing the three types of action you can take and how they differ, it provides a framework to enable you to take action today and every day going forward. Insightful, moving, and easy to use, Winiarski's profoundly actionable and accessible guide is a breath of fresh air in a genre too often loaded down with suppositions, advice, and potentiality. Focused and driven by action, he provides the foundation upon which the building of success is built. Full of positivity and support, Act Now! A Daily Action Log for Achieving Your Goals will change your life forever--starting today.

## Book Information

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## Customer Reviews

"Pete Winiarski is a truly powerful leader, incredible mentor, and a very gifted teacher. He is committed to studying the psychology of success and teaching only the best practices that WORK. If you're ready to dramatically accelerate your results in the next 90 days, implement Pete's strategies now. Your life will never be the same. " -Sean Smith, Founder MVP Success Systems"

Act Now! is the perfect tool for anyone looking not only to achieve their personal and professional goals, but also to be mindful of the thought and action patterns that make goal attainment possible. The daily log serves as a set of training wheels--supporting and guiding you to define your daily intentions, habits, and actions--until the method becomes so much of a routine that you gradually lean less and less on the book for assistance and can achieve your goals referencing it only when necessary. I highly recommend this book to anyone who wants to achieve anything!"-Danielle"

What you track improves, and author Pete Winiarski has developed an amazing system for tracking success habits. Pete is a Jack Canfield training alumni, so he has worked with the master of success! But I've seen so many people take trainings, read books, and then not use them. This book is different! It helps you track your success habits and improve how often you do them -- that will ultimately change you life! This book is a home run, I bought copies for all my kids!"-CSheers"

Act Now is a great book to keep you moving forward with your goals. It even tells you how to dissolve those hidden blocks that have held you back."-Dr Deborah Sandella

Act Now! will make your journey much easier. Pete masterfully presents these powerful principles in a clear, simple way. His writing style will make you feel comfortable trying out these methods, and before you know it, you will have created enormous momentum toward your next ninety-day goals. Apply the principles in Act Now! and use the Daily Action Log for your current and future goals. You will be amazed at the results that will come to you when you do! Jack Canfield Best-selling author of The Success Principles, Chicken Soup for the Soul, The Power of Focus, and many other titles

It's definitely a helpful book. I've read it a few times and while the substance is good, the content flow, information and organization could be streamlined and improved<sup>1</sup>. The book is only 65 pages rest are worksheets. A link to downloadable worksheets is provided but you have to register then wait for a confirmation. Printed sheets are easier to write on than a book that won't lay flat.<sup>2</sup>. Adding

real-life examples would be a good supplement to the book. They might consider replacing the worksheets with examples. The few examples that are provide are weak in my opinion. It's easy to break down numerical goals such as lose 15 lbs in 3 months but much harder to figure out what action steps to take to reduce clutter or start a business.<sup>3</sup> Some of the explanations on how to use the worksheets are confusing. The worksheets are at the end of each chapter. One has to go back and forth between the worksheet and the explanations which is challenging. An annotated worksheet OR a page spread with worksheet and explanation (side by side) - would be a good solve. Lastly, the book may have been more useful when it came out - now there are better examples available on the internet. I found it helpful as a starting point. I adapted/modified templates I found online.

What you track improves, and author Pete Winiarski has developed an amazing system for tracking success habits. Pete is a Jack Canfield training alumni, so he has worked with the master of success! But I've seen so many people take trainings, read books, and then not use them. This book is different! It helps you track your success habits and improve how often you do them -- that will ultimately change you life! This book is a home run, I bought copies for all my kids!

I found this book to be very practical and easy to put into daily use. It is well written, provides a brief high level summary of the "theory" of setting goals and establishing habits and very useful worksheets to help in setting personal goals and keeping you on track. . Relevant examples make it easy to understand the process of setting goals. I really liked the book's holistic approach of addressing business, financial, personal relationships, exercise and other aspects of a well balanced life. Taken to heart, this book can help you lead a richer and more fulfilled life.

The author walks you through step by step on how to use the accompanying worksheets. He gives great practical advice on how to achieve your goals. The only reason I gave this review 4 stars instead of 5 is because the content is a little wordy. All in all this is a great resource for setting goals and getting your priorities straight.

This book is just what I needed to put my knowledge of goal setting and achievement to practical use. It provides a useful framework for doing so as well as tracking your own progress.

Very actionable book. It's a log book with very detailed instructions. I recommend that you combine

this with The Miracle Morning book by Hal Elrod to get the maximum benefit.

Don't overlook the simplicity of this book. I wish we were taught this system in school. What do you have to lose? Get it!

Well known life success principles in a nutshell with great templates for daily use. If followed these principles can lead to desired results. The approach is modern. Liked the notes for business leaders.

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